

Personal learning log

Description of Core & Non-Core Learning

Mandatory foundation programme learning requirement

Each foundation doctor (FD) must undertake a minimum of 60 hours of learning during their F1 and during their F2 year (rotation) (pro-rata for less than full time (LTFT) FDs). FDs should be on track to log the required number of hours prior to Annual Review of Competence Progression (ARCP).

The 60 hours can consist of core learning alone or combined with non-core as follows:

Core learning (mandatory minimum 30hrs)

Must be a minimum of **30** hours or can consist of the total **60** hours required.

Non-core learning (not mandatory maximum 30hrs)

Non-core learning can count towards the total of 60 hours required, but only up to a maximum of 30 hours.

Guidelines

- FDs are responsible for logging & tracking their own hours in their e-portfolio to the nearest half hour
- No requirement to upload evidence of attendance at teaching sessions to the e-portfolio
- Non-core learning must cover a range of topics relating to the broad range of foundation. Specialty-specific learning should be limited to no more than 5 of the 30 non-core hours.
- Ideally learning should be undertaken during the dedicated teaching time for FDs or within designated self-development time (SDT).
- Local education providers (LEPs)/foundation schools are responsible for managing and quality assuring this process
- If concerns regarding FD engagement with the above, the Foundation Programme Training Director/Tutor (FPTD/T) should discuss with the Foundation School Director.

Core learning	Non-Core learning	Exclusions
<p>Is that which is:</p> <ul style="list-style-type: none"> • 2021 FP curriculum-based • Specific & available to all FDs within the LEP/foundation school • Delivered in face-to-face sessions (may be specified online interactive sessions) <p>Can include:</p> <ul style="list-style-type: none"> • Simulation training specific for FDs and other 'core' topics specified by the curriculum • Prescribing training • eLearning modules specified by the LEP/foundation school. No limit on amount. 	<p>Includes but is not limited to:</p> <ul style="list-style-type: none"> • Departmental teaching (eg seminar/tutorial/small group teaching/audit meetings) • Grand rounds • Balint groups • Schwartz rounds • E-learning (aside from that specified by the LEP/foundation school) 	<p>The following types:</p> <ul style="list-style-type: none"> • Statutory and mandatory training (except where specifically mandated by the curriculum eg safeguarding) • Induction sessions • ILS/ALS/equivalent • Completion of SLEs • Standard ward rounds • Other regular on-the-job activities (including tasters) • External study leave (eg conferences or similar) • University/higher education course